

I-MASS

Prevention & At Home Treatment Mass Distribution Protocol for COVID-19

Prevention Protocol

For adults > 18 years and >40 kg/90 lbs

Ivermectin	18 mg – start treatment with one dose on day 1, and then repeat weekly (every 7 days)
Vitamin D3	2000 IU (50 mcg) daily
Multivitamin	1 tablet daily
Digital thermometer	optional (to watch the body temperature)

Early At Home Treatment Protocol

For adults > 18 years and >40 kg/90 lbs

Ivermectin	24 mg – daily for 5 days In the setting of poor clinical response, advanced disease, or obesity, higher doses should be used (target 0.4–0.6 mg/kg)
Melatonin	6 mg at night for 5 days
Aspirin (ASA)	80 mg/day (unless contraindicated)
Anti-septic mouth wash	Three times daily (gargle do not swallow); if available

Post-exposure Prevention

For household or close contacts of a COVID-19 patient

Ivermectin	18 mg – repeat dose in 48 hours
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A cooperation of the
FLCCC Alliance with



www.bird-group.org

The I-MASS protocol has been developed for Mass Distribution during regional outbreaks or in resource poor countries to lessen the impact and spread of COVID-19.

Ivermectin

Ivermectin has been found to have highly potent anti-viral and anti-inflammatory properties and many randomized trials and data from countries that have adopted ivermectin all show large reductions in time to recovery, hospitalizations and death. The FLCCC review paper summarizing this data has been published in the *American Journal of Therapeutics* [here](#).

Further supportive information can also be found [here](http://www.flccc.net/ivermectin-in-covid-19/): www.flccc.net/ivermectin-in-covid-19/

Disclaimer: The safety of ivermectin in pregnancy has not been established. Particularly the use in the 1st trimester should be discussed with your doctor beforehand.

Further treatment protocols for COVID-19, including for hospitalized patients, can be found at flccc.net/covid-19-protocols/